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| **Learning Program:** | IceBreaker | | |
| **Session Title:** | Meet the Pack | **Date and time:** |  |
| **Medical Educator(s)** | Catherine Eltringham | | |
| **Outcome(s) for session:** | Super speed introductions by ‘suite’ | | |

| **Topic** | **Timing** | **Content / Key Points of Learning** | **Facilitation Method / Learning Activity**  (What will the registrars be doing?) | **Resources Required** |
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|  |  | Scatter cards around room / hand out on entry / piles on table (as people tend to sit with those they know ensure all suites are represented in each pile.  *I like to toss the cards on the floor as I tell everyone how the ice-breaker will work.* |  | Pack of cards per 52 people; ensure even balance of suites if using less than a full pack.  Timer  Bell or Yell |
|  | As long as you have allocated | Instructions to the Group:  **Version 1**. On the word GO find someone holding the same suite card as you. Club find club, Diamond find Diamond etc, colour is irrelevant.  Introduce yourselves: Name, Location, Job.  Move on as soon as your done with basic introductions.  The aim is to meet everyone in your suite before time runs out.  If you want to share more you can catch up later in a break |  |  |
|  | 30 to 60 seconds each time takes 3.5 to 7 minutes | **Version 2.** On the word go find someone with the same suite card as you.  Club finds club, diamond finds diamond etc  Introduce yourselves: Name, location, job  On the Bell / yell SHUFFLE move on and find someone else with the same suite.  If time permits we will get through the pack. |  | 52 cards, 13 per suite, 6 or 7 rotations of pairs gets intro done.  30 seconds each rota |
|  | 30 seconds per rotation will take 10 minutes to meet the pack (3/4 of it any way) | **Version 3.**  On the word go you GO find someone without the same suite as you.  Introduce yourselves  On the bell or SHUFFLE find another different suite | This version works well if the group has clusters of people who know each other already. Give them all the same suite. So they will meet ¾ of the room rather than ¼. |  |
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**Reflection** *[Post session - what felt good, what “worked, informal feedback from registrars / MEs, what would you change for next time]*