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| **Learning Program:** | Ice-Breaker | | |
| **Session Title:** | Post your thoughts | **Date and time:** | 20 to 30 minutes |
| **Medical Educator(s)** | Catherine Eltringham | | |
| **Outcome(s) for session:** | Get talking, some introductions, generate comments on set themes / questions, moving around the room | | |

| **Topic** | **Timing** | **Content / Key Points of Learning** | **Facilitation Method / Learning Activity**  (What will the registrars be doing?) | **Resources Required** |
| --- | --- | --- | --- | --- |
| Introduction | Depends how long we have, 2-3 minutes per table probably enough.  6 tables = 18minutes  8 tables = 24 minutes | Each table has one colour post-it notes and a topic on a colour matched card.  Chat to others at your table about the topic and on your post-it note write / do ONE of the following  1: A question you have about this topic  2: Something you feel could be done differently  3: Something you know about this which might help others  4: draw a smiley face if everything about this topic is perfect  Chat with others until bell | 6 to 8 themes:  S.W.A.N and Pivotel  MeL  Orientation  Reports for MCCC / TImelines  RCTI’s  Practice Match Process  Registrar progress  Professional Development workshops  We wanted to know what further information or ideas ME’s had for each of these portfolios.  You could use this to generate questions or answers for many different topics. | SET-UP PRIOR:  Coloured post-it notes  Pens  TWO Paper / card per theme with topic heading or questoin written on each one – this matches the colour of the post it notes.  Place One paper / card with heading on table and Bluetac one on wall (far away from the matching table)  Powerpoint slide |
|  |  | On bell  Look around the walls and find the corresponding coloured topic card on a wall.  Put your post-it note on the wall in the designated area and move to another table, any table you haven’t been to yet and do the process again. | If people are moving before the bell you need to decide if you will allow this or make them stay and chat at the table. |  |
|  |  | On final bell: stay where you are. |  |  |
|  | After | Staff to collect and collate, ensure topics discussed during the day or added to future workshop plans  Make sure you allocate time for this if you plan to use the comments during the workshop! |  |  |
|  |  | EDIT:  Another use for similar set up:  Aim to allocate which sessions audience want to hear most from a list.  Allocate session topics to each paper / card.  Give groups at table time to discuss, they score their knowledge out of 10 on the post-it.  Then move and repeat until all tables covered and everyone has a set of post-it notes.  Then ask everyone to put their post-it on the wall next to numbers 1, 2, 3 …. With 1 being the topic session you most want to hear and the highest number the least interesting to you.  The facilitators can use this to plan sessions – the colour most prominent at 1 or 2 is the topic you present. |  |  |

**Reflection** *[Post session - what felt good, what “worked, informal feedback from registrars / MEs, what would you change for next time]*